

AQUATIC MACROPHYTES AND MACROBENTHOS AS BIOMARKERS FOR HEAVY METAL POLLUTION IN LAKE BURULLUS

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ABSTRACT

An aquatic macrophytes and benthos are unchangeable biological filters and they carry out purification of the water bodies by accumulating dissolved metals and toxins in their tissue. In view of their potential to entrap several toxic heavy metals, 3 groups of benthos and 5 macrophytes were collected from 15 different physiographic locations representing Lake Burullus and analyzed for estimation of 6 heavy metals. So the major concern of this work is to use the benthos and aquatic plants in Lake Burullus as biomarkers for heavy metals pollution and determine the ability of these biota for bioaccumulation of these metals, so the concentrations of heavy metals (Fe, Zn, Ni, Cu, Pb, and Cd) were determined in water, sediments, benthos (Arthropoda, Annelida and Mollusca) and some common aquatic plant species growing in Lake Burullus (*potamogeton pectinatus*, *Ceratophyllum demerssum*, *Najas armata*, *Lemna gibba*, *Eichhornia crassipes* root and shoot, *phragmites australis* shoot).

The distribution of the investigated metals in water, sediments, benthos and plants of the lake showed that, the eastern and eastern southern parts of the lake are generally have higher concentration of heavy metals than the western and middle ones, which may be attributed to the impact of the pollution sources in this area as 6 drains and pumping station in the eastern and southern parts of the lake. *Potamogeton pectinatus* showed high contents of Pb, Cd and Zn (15.4, 4.7, 107.0 $\mu\text{g/g}$ dry wt.) respectively while *Eichhornia crassipes* show high level of Copper (13.9 $\mu\text{g/g}$ dry wt.). In *Ceratophyllum demerssum* high concentration of Iron was detected (98 $\mu\text{g/g}$ dry wt.).

The present study revealed that the aquatic macrophytes and benthos play a very significant role in removing the different metals from the aquatic environments. They probably play a major role in reducing the effect of high concentration of heavy metals. *Bioaccumulation factor values showed that the trend of accumulation of most metals in the benthos was as follows: Mollusca > Arthropoda > Annelida > and in aquatic plants as:*

Lemna gibba > *Potamogeton pec.* > *Ceratophyllum demer.* > *Eichhornia Root* > *Najas armata* > *phragmites shoot* > *Eichhornia Shoot*. which make them suitable candidates to be used in biomonitoring surveys, as biomarkers for heavy metals pollution, in the biological treatment of the polluted water and in sustainable development of Lake Burullus.

Key words: Lake Burullus, water, sediment, heavy metals, biomarkers, bioaccumulation, macrobenthos, aquatic plants, sustainable management.

INTRODUCTION

The term heavy metal refers to any metallic chemical element that has a relatively high density and is highly toxic or poisonous at low concentrations. [Harris & Santos (2000)]. Macrophytes are aquatic plants, growing in or near water that are emergent, submerged or floating. Macrophytes are considered as important component of the aquatic ecosystem not only as food source for aquatic invertebrates, but also act as an efficient accumulator of heavy metals [Devlin (1967), Chung & Jeng (1974)]. They are unchangeable biological filters that play an important role in the maintenance of aquatic ecosystem.

Some sources of heavy metals are industry, municipal wastewater, atmospheric pollution, urban runoff, river dumping, and shore erosion. High levels of Cd, Cu, Pb, and Fe can act as ecological toxins in aquatic and terrestrial ecosystems. Some of these metals (Cu, Ni, Cr and Zn) are essential trace metals to living organisms, but become toxic at higher concentrations. Others, such as Pb and Cd have no known biological function but are toxic elements, [Gulizzoni (1991) and Balsberg-Påhlsson (1989)]. Many of the aquatic macrophytes and benthos are found to be the potential scavengers of heavy metals from water and wetlands sediments [Gulati et al., (1979)]. The present investigation was planned and executed considering the potentials of benthos and macrophytes as biological filters for metals that become bound to living materials.

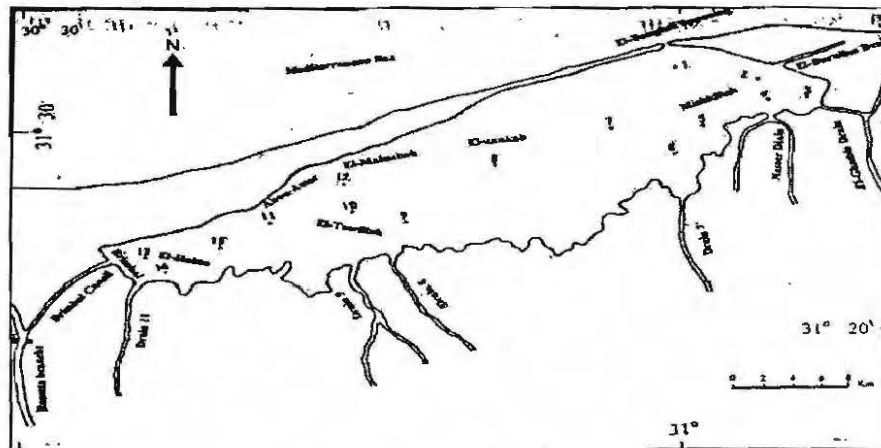
The biomonitoring of pollutants using accumulator species is based on the capacity which has some plant and animal taxa to accumulate relatively large amounts of certain pollutants to concentration many times higher than those of the surrounding waters, [Nafea (2005)]. In addition, the pollutant concentrations in sediments and the organisms are the result of the past as well as the recent pollution level of the environment in which the organism lives, while the pollutant concentrations in the water only indicate the situation at the time or seasons of sampling.

Although, Lake Burullus attracts attention of many authors because of its economic and scientific importance to study its unique ecosystem but, the studies dealt with the accumulation of heavy metals in different ecosystem components are still

scarce except few studies e.g. [Elsaraf (1995); Radwan & lotfy (2002) and Nafea (2005)]. Here in our paper we will deals with the aquatic plants and macro benthos as biomarkers and bioaccumulators for heavy metals pollution, in order to use these aquatic plants and benthos in sustainable development and management of Lake Burullus.

Location and Description of Lake Burullus:

Lake Burullus is situated along the Mediterranean coast ,occupies a more or less, a central position between the two branches of the Nile and extends between $31^{\circ} 22' - 31^{\circ} 26' N$ and $30^{\circ} 33' - 31^{\circ} 07' E$ Fig. (1). It is a shallow brackish lake connected with the sea by a small outlet (Boughaz), about 44 m. width and 150m length. The length of the lake is about 65 km., and its width varies between 6 and 16 km, with an average of about 11km. The depth of the lake ranges between 0.42 and 2.07 m. The eastern sector of the lake is the shallowest, showing an average depth of 0.8m. The present area of the lake is about 410 km² (100,000 feddan), of which 370 km² is open water. The capacity of the lake is about 330 million cubic meters. The eastern and southern parts of the lake receives agricultural sewage drainage water through 8 drains and one brackish water canal, while saline water enters the lake from the sea through El-Boughaz [Nafea (2005)].



The study focused primarily on metal investigation in water, Sediments, benthos and aquatic plants. The sampling program was carried out in the summer of 2008. Aquatic plants and benthos were collected from the 15 sites by grab methods from the surface layers and five samples were prepared for each species at every sampling site. At the same time water and sediments samples were collected at the corresponding sampling locations. The collected water was filtered through a Whatman glass-fiber filter (0.45 μm). The filtered water was stored in a 0.5 L polypropylene bottle to avoid any adsorption of metals on the wall of the sample bottles; the filtered water was preserved by acidifying with 1.0 ml, concentrated nitric acid. Water analysis for heavy metals according to (Solvent extraction method) [APHA (1992)]. The sediment samples were air dried in room temperature (25 $^{\circ}C$) for 10-15 day, then

grinded in a mortar and sieved in 0.5 mm sieve and stored for analysis according to [Moore & Chapman (1986)].

Five plant samples were mixed with each others and analyzed for heavy metals where the dry samples of macrophytes were wet-digested in a mixture of concentrated nitric acid and perchloric acid (4:1 v/v) [Sawicka-kapusta (1978)]. Samples were analyzed with a Perkin Elmer model 2380 atomic adsorption spectrophotometer (A.A.S.). Bottom fauna were classified to three main groups (Mollusca, arthropoda and Annelida), and digested after drying according to [Metcalf-Smith (1994)] method. Metals were determined using atomic absorption (Perkin Elmer Model 3700) with flameless graphite furnace (GA-2). The bioaccumulation factor was calculated according to [Klavinš *et al.*, (1998)] as follow: $BAF = M_{\text{tissue}} / M_{\text{water}}$ or sediments where: M_{tissue} : metal concentration in plant tissue M_{water} : metal concentration in water or sediments.

RESULTS

As showed in tables (1 & 2) copper content in water of Lake Burullus ranged between 19.7 µg/l in the western parts and 35.8 µg/l in the eastern part. Its values in sediment ranged from 19.4 µg/g dry wt. and 47.9 µg/g dry wt. in the western and eastern sites, respectively. Iron content in water ranged between 25.3 µg/l in station 8 and 60.4 µg/l in station 4. Its values in sediments ranged between 42.4 µg/g dry wt. in site 15 and 97.5 µg/g dry wt. in site 4. Cadmium contents ranged between 2.9 µg/l in station 10 and 8.5 µg/l in station 4 while in sediments ranged between 3.2 µg/g in station 10 and 8.5 µg/g in station 6. Zinc contents in water ranged between 20.6 µg/l in station 15 and 55.3 µg/l in station 4 while in sediments it ranged between 24.2 µg/g in station 15 and 97.2 µg/g in station 4. Lead content showed its high values in water at site 4 10.1 µg/l and low value 4.5 µg/l in station 15 while in sediments high value was 27.5 µg/g in station 1 and 6.5 µg/g in station 15. Nickel shows its high value in water 10.3 µg/l in station 2 and the low one 4.3 µg/l in station 6 while in sediments high value recorded 19.7 µg/g in station 2 and 7.1 µg/g in station 15.

Copper contents in the aquatic plants showed high range of variation ranged between 13.9 µg/g in *Eichhornia* root in eastern site and 5.1 µg/g in *Ceratophyllum* in western site. Iron contents in aquatic plants ranged between 107 µg/g in *potamogeton* and 50 µg/g in *Najas*, while cadmium content ranged between 1.0 µg/g in *Ceratophyllum* and 4.7 µg/g in *potamogeton*. On the other hand nickel ranged between 15.3 µg/g in *Lemna* and 5.8 µg/g in *Najas*. High value of Lead observed at *potamogeton* 15.4 µg/g and low value 5.5 µg/g at *Eichhornia* shoot. Zinc contents ranged between 98 µg/g in *Lemna* and 43 µg/g in *Eichhornia* shoot Table (3). Inspection of table 4 revealed that the three are Benthos *mollusca* showed high ranges of metal content in their bodies and tissues more than *Arthropoda* and *Annelida*.

The bioaccumulation factors values of heavy metals by aquatic plants in relation to water ranged between (260-548), (1256-5370), (200-913), (1111-2392), (1171-2722) and (850-2220) for (Cu, Fe, Cd, Zn, Pb and Ni), respectively Table (3), while in benthos in relation to sediments ranged between (0.59-0.69), (0.96-1.3), (0.32-0.62), (1.1-1.44), (0.63-0.75) and (0.93-1.2) for Cu, Fe, Cd, Zn, Pb and Ni respectively Table (4).

Table (1): the concentration of heavy metals in water ($\mu\text{g/l}$) at 15 stations at Lake Burullus.

Metal conc. stations	Cu $\mu\text{g/l}$	Fe $\mu\text{g/l}$	Cd $\mu\text{g/l}$	Zn $\mu\text{g/l}$	Pb $\mu\text{g/l}$	Ni $\mu\text{g/l}$
1	24.5	32.3	4.1	28.2	7.4	6.2
2	33.6	45.2	5.2	35.7	7.2	10.3
3	18.2	52.3	6.1	33.1	8.5	5.3
4	30.1	60.1	8.5	55.3	10.1	5.4
5	20.2	33.2	6.1	50.6	7.1	5.2
Mean eastern	25.32	44.6	6.0	40.58	8.06	5.64
6	22.3	30.2	7.3	42.3	8.6	5.2
7	23.5	34.5	6.5	36.2	4.3	6.5
8	24.6	25.3	5.3	42.3	8.5	4.3
9	18.6	35.2	4.2	26.4	5.1	5.3
10	11.3	55.3	2.9	25.3	6.6	5.9
Mean middle	20.6	44.45	5.24	18.8	6.62	5.38
11	21.6	40.2	5.5	23.5	6.9	5.2
12	26.4	42.3	4.6	22.6	4.5	4.6
13	18.3	59.2	5.1	27.5	5.3	5.3
14	12.9	41.3	4.2	25.7	7.2	6.1
15	16.2	39.2	4.0	20.6	6.3	4.9
Mean western	19.1	44.4	4.6	24	6.1	5.22

Table (2): The concentration of heavy metals in sediment ($\mu\text{g/g}$) dry weight at 15 stations at Lake Burullus.

Metal conc. Station	Cu $\mu\text{g/g}$	Fe $\mu\text{g/g}$	Cd $\mu\text{g/g}$	Zn $\mu\text{g/g}$	Pb $\mu\text{g/g}$	Ni $\mu\text{g/g}$
1	29.5	71.3	5.2	58.6	27.5	18.4
2	47.6	92.4	6.1	72.4	18.2	19.7
3	29.6	94.5	5.9	65.3	27.1	10.2
4	39.5	97.5	7.8	97.2	19.7	14.2
5	32.2	58.9	7.2	94.7	20.4	11.6
Mean eastern	35.7	83	6.5	77.64	22	15
6	39.1	81.1	8.2	81.2	17.4	12.9
7	35.4	44.2	5.9	57.9	11.4	10.2
8	29.5	61.3	6.1	64.3	18.6	8.7
9	22.7	57.5	5.2	36.1	15.7	9.7
10	20.8	75.7	3.1	25.3	17.4	12.8
Mean middle	29.5	64	5.7	53	16.1	11
11	31.2	52.1	5.3	37.2	12.3	9.2
12	34.1	51.3	5.2	34.4	9.7	8.7
13	27.3	60.2	5.4	31.2	11.2	9.1
14	19.7	52.3	4.1	27.1	10.9	8.2
15	19.4	42.1	5.0	24.1	9.6	7.1
Mean western	26.4	51.6	5	30.1	10.8	8.5

Table (3): The mean concentrations of heavy metals ($\mu\text{g/g}$) dry weight and the bioaccumulation factor values for the aquatic plants in the (east, middle and west) of Lake Burullus.

Metal Conc. $\mu\text{g/g}$. plants →	Cu $\mu\text{g/g}$	Fe $\mu\text{g/g}$	Cd $\mu\text{g/g}$	Ni $\mu\text{g/g}$	Zn $\mu\text{g/g}$	Pb $\mu\text{g/g}$
<i>Ceratophyllum d. East</i>	6.6	94	1.2	10.5	98	8.5
M	5.4	84	1.1	9.5	92	7.8
W	5.1	81	1.0	8.2	84	6.4
Bioaccumulation factor	263	3268	368	1853	2234	1102
<i>Potamogeton pectinatus</i>	10.2	107	4.7	13.4	64	15.4
East	9.1	78	2.7	12.5	61	11.4
M	8.3	83	2.3	10.2	52	9.7
W	426	3469	679	2116	1459	1780
Bioaccumulation factor						
<i>Lemna gibba</i> East	11.8	104	4.2	14.2	92	14.2
Middle	10.4	101	3.6	15.3	98	14.7
West	9.2	87	4.2	11	87	14.2
Bioaccumulation factor	484	3852	766	1822	2247	1807
<i>Phragmites aus. Shoot</i>	9.1	72	2.0	8.5	75	10.2
East	8.2	71	1.7	5.8	71	10.1
Middle	7.2	66	2.0	8.5	64	8.9
West	392	2323	401	1418	1698	1480
Bioaccumulation factor						
<i>Eichhornia crass. Shoot</i>	8.6	62	1.5	7.6	53	7.5
East	7.3	63	1.6	6.4	52	6.9
Middle	6.5	54	1.5	7.6	43	5.5
West	436	2879	300	1344	1223	1266
Bioaccumulation factor						
<i>Eichhornia crass. Root</i>	13.9	95	3.5	8.7	86	9.1
East	8.3	91	2.7	7.4	75	9.3
Middle	8.7	82	3.5	8.7	56	5.1
West	417	3081	575	1558	1724	980
Bioaccumulation factor						
<i>Najas armata</i> East	11.5	51	1.4	6.2	76	11.6
Middle	9.5	46	1.5	5.8	78	10.2
West	9.3	50	1.4	6.2	66	10.0
Bioaccumulation factor	469	2371	274	1132	1868	1615

Table (4): the mean concentrations and bioaccumulation of heavy metal in the benthos ($\mu\text{g/g}$) dry weight in the (east, middle and west) of lake burullus in relation to sediment concentration.

metals conc. benthos	Cu $\mu\text{g}/\text{g}$	Fe $\mu\text{g}/\text{g}$	Cd $\mu\text{g}/\text{g}$	Zn $\mu\text{g}/\text{g}$	Pb $\mu\text{g}/\text{g}$	Ni $\mu\text{g}/\text{g}$
Mollusca : east	27	72	4.5	83	13	15
Middle	22	69	3.2	76	12	13.
West	13	63	2.9	73	11.	5
Bioaccumulation	.69	1.0	.62	1.4	6	12.
n		3		4	.75	7
						1.2
Arthropoda:	23	72	2.3	75	11	12
east	19	65	1.4	69	10.	11.
: Middle	11	57	1.9	71	5	7
: west	0.5	0.9	0.3	1.3	10.	11.
bioaccumulation	9	8	2	4	1	3
n					0.6	1.0
					5	2
Annelida :east	21	68	3.2	67	11	11
:Middle	19	62	1.2	58	10	10.
:west	17	60	1.1	49	9.7	9
bioaccumulation	0.6	0.9	0.3	1.1	0.6	10
n	3	6	2		3	0.9
						3

DISCUSSION

Generally the high concentrations of heavy metals were measured in the sediments, benthos and macrophytes in the eastern sites of the lake, while the low concentrations were detected in the middle and western sites of the lake. The concentration of lead varied from site to site where the high concentrations were detected in water, sediments, Mollusca and *Potamogeton pectinatus* in the eastern site ($8.06 \mu\text{g/l}$, $15,15$ & $13 \mu\text{g/g}$ dry wt) respectively while the low concentrations were measured in the western parts of the lake($6.1 \mu\text{g/l}$, $8.5,10$ and $5.5 \mu\text{g/g}$ dry wt) respectively, Tables (1,2,3, &4) . The variation of lead content in benthos, sediments and macrophytes depends on the inflow of many sources of pollution from sewage, agricultural and industrial wastes into the lake.[El-Sarraf (1995)] mentioned that in Lake Manzala *Potamogeton pectinatus* had high lead concentration ($26.6 \mu\text{g/g}$ dry wt) and thus it is a good lead contamination indicator. This agrees with the conclusion of [Abo-Rady (1977)] that *Potamogeton pectinatus* may be considered as an indicator for lead in Lake Manzala. Our results in burullus confirm this conclusion.

High levels of cadmium contents were found in *Lemna gibba* and *Eichhornia* root, *Mullusca* and sediments of the eastern parts (4.5, 6.5 & 4.2 $\mu\text{g/g}$) dry wt. while the lowest concentrations of cadmium were observed in *Ceratophyllum demersum* (1 $\mu\text{g/g}$) dry weight. El-Sarraf (1995) mentioned that there was high significant correlation between lead and cadmium concentration in aquatic plants which is probably attributed to their association in the same phase during assimilation, Tables (2, 3 and 4).

The macrophytes and benthos have different levels of zinc concentrations in their organs where the high levels were recorded in *Lemna gibba*, *potamogeton pectinatus* and *Mullusca* (83, 77.6, 107 & 104, $\mu\text{g/g}$ dry wt.) respectively, while the low concentrations were found in *Najas armata*, *Eichhornia crassipes* shoot and *Annelida* (50, 46 & 49 $\mu\text{g/g}$ dry wt.) respectively. [Heydt (1977)] found that *Potamogeton pectinatus* has high zinc content ranged between 16.5 and 517 $\mu\text{g/g}$ dry. Weight in Elsenz River. [Bauda *et al.*, (1981)] recorded that in Lake Manzala the mean concentration of Zinc level in the same species is 168 $\mu\text{g/g}$ dry wt. [El-Sarraf (1995)] found that the concentration of Zinc in *potamogeton pectinatus* was 117 $\mu\text{g/g}$ dry weights. Whereas [Abo-Rady (1977)] found that the zinc content of *potamogeton pectinatus* ranged between 137 and 213 $\mu\text{g/g}$ dry weight in Leine River.

The copper concentrations fluctuated within the range 5.4 and 35 $\mu\text{g/g}$ dry wt. in plants, benthos and sediments. The copper content in Lake Manzala varied from 5.0 to 37.6 $\mu\text{g/g}$ wt. In *potamogeton pectinatus*. On the other hand [El-Sarraf (1995)] found that copper content showed a small range of fluctuation with irregular concentration in aquatic plants. In *Ceratophyllum demersum* the highest level was 18.5 $\mu\text{g/g}$ dry wt. The positive correlation between Cu and Zn was attributed to the same biological behaviors during the assimilation in macrophytes [El-Sarraf (1995)].

The concentrations of trace metals (Cu, Zn, Pb, Fe, Ni & Cd) in the aquatic macrophytes, benthos and sediments varied according to their locations at the different parts of the lake, this depends on the source of pollution invading the lake from several directions. [Seidal (1996) and Ozimek (1978)] recorded high contents of trace metals in the macrophytes growing in habitats affected by industrial effluents and effect of sewage and industrial wastes on the chemical composition of aquatic macrophytes is very obvious. The magnitude of aquatic plants and benthos to assimilate heavy metals would be largely dependent upon the levels of these metals in the water and sediment. The removal of certain mineral from water reservoirs by submerged macrophytes and benthos is observed as practical methods for water purification [Hillman & Cully (1978)]. The high variations found in the element content of the aquatic macrophytes both between species and within species were related to different location. [Crowder & Painter (1991)] inferred that the variation of metals content in macrophytes is not necessarily bioaccumulations or biomagnified these metals from the sediment and it may be attributed to site-specific and species specific differences in metals uptake. From this hypothesis it is important to mention that the non essential trace metals such as lead and cadmium were highly concentrated in Lake Burullus eastern side [Nafea (2005)] and the industrial wastes may also be responsible for the elevation of the Pb and Cd in Lake Burullus. The order of abundance of the trace metals in the macrophytes benthos of Lake Burullus were:

(1) Lead: *Lemna* > *Potamogeton* > *Eichh. Root* > *Ceratophyllum* > *phragmites sh.* > *Najas* > *Eichh. Sh.*, *Mullusca* > *Arthropoda* > *Annelida*.

(2) Cadmium: *Lemna* > *potamogeton* > *Najas* > *phragmites* > *Eichhornia*
 Root > *Eichh. Shoot* > *Ceratophyllum*.

And in benthos: *Mollusca* > *arthropoda* > *Annelida*

(3) Zinc: *Lemna* > *Ceratophyllum* > *Potamogeton* > *Eichh. Root*
 > *phragmites shoot* > *Eichh. Shoot* > *Najas*

And in benthos: *Mollusca* > *arthropoda* > *Annelida*

(4) Copper: *Lemna* > *Eichh. Root* > *Najas* > *phrag. shoot* > *Eichh. Shoot*
 > *Ceratophyllum* > *Potamogeton*

And in benthos: *Mollusca* > *Annelida* > *arthropoda*.

(5) Nickel: *Lemna* > *Potamogeton* > *Ceratophyllum* > *Eichh. Root* >
Najas > *phrag. Shoot* > *Eichh. Shoot*

And in benthos: *Mollusca* > *arthropoda* > *Annelida*.

(6) Iron: *Lemna* > *Ceratophyllum* > *Eichh. Root* > *Najas* > *phrag. shoot* >
Potamogeton > *Eichh. Shoot*

And in benthos: *Mollusca* > *arthropoda* > *Annelida*.

Lemna gibba, *potamogeton pectinatus* and *Mollusca* showed the higher capacity of heavy metal accumulation than the other aquatic plants and benthos groups. Aquatic macrophytes and benthos can be used as bio-indicator and biomarkers for water and sediment pollution as they can trap micro- and macro-elements (inorganic pollutions) as investigated by [Fayed & Abdel-Shafy (1985)]. [El-Khatib & Sawaf (1998)] reported that the concentrations of heavy metals in macrophytes were positively related to its concentration in the environment and the macrophytes have high potential power for pollution monitoring [SZ Yamanowska *et al.*, (1999)].

Depending on the heavy metals concentration in the aquatic macrophytes and benthos, it can be concluded that the aquatic macrophytes and benthos can accumulate heavy metals and have a restricted role in the treatment and control of pollution of the aquatic ecosystems. Accordingly, the macrophytes and benthos can be considerable as reliable way for biomonitoring the heavy metals contamination in Lake Burullus. Trace metals concentration in macrophytes and benthos species is widely differ. This can be confirmed if a species is used for heavy metals monitoring within one or different areas. [Ghobrial (2000b)] reported that *Ceratophyllum demersum* can accumulate zinc more than Cu, Pb and Cd and acts as a potential biological filter for trace metals removal from domestic effluents and has a capacity to retain heavy metals in its tissues.

High range of the heavy metals concentration in the studied aquatic plants and benthos indicates different extent of pollution; this high variability is associated with the different absorption rate for the heavy metals by the aquatic plants and benthos.

Recently, there has been growing interest in the use of metal-accumulating plants or benthos for the removal of heavy metals from contaminated aqueous streams, in the biological purification of waste water and in biomonitoring of heavy metals pollution in the Egyptian lakes [Nafea (2005)]. The biomonitoring of pollutants using accumulator species is based on the capacity which has some plant and animal taxa to accumulate relatively large amounts of certain pollutants, even from much diluted solutions without obvious noxious effects. The use of this type of monitoring is widespread in marine and freshwater environments, because the measuring of the pollutant content in the organisms is the only way of evaluating the bioavailability of a pollutant present in the environment. In addition, the pollutant concentrations in the

organism are the result of the past as well as the recent pollution level of the environment in which the organism lives, while the pollutants concentrations in the water only indicate the situation at the time of sampling. The Polychaeta *Nereis diversicolor* (which form the major component of, Annelida in this study) used in many studies as a useful indicator for Ni, Cd, Cu and Fe. The concentration of metals in this species is small compared with other benthos groups (*Mollusca* and *Arthropoda*). The bioaccumulation rate values are higher in aquatic plants than the benthos this is due to that the aquatic plants are fixed and stable than the benthos. So the aquatic plants can be used as good tools for biofiltration and biomonitoring for heavy metal pollution in Lake Burullus.

From the present observations, it is concluded that there is a uniform pattern of heavy metal variation in the macrophytes, sediments and benthos of Lake Burullus. In general, values of some metals like iron, zinc and copper are higher in almost all the specimens. This shows the universal importance of these macrophytes, sediments and benthos in cleaning up of the aquatic environment. The results presented here could be very useful for environmental monitoring and checking the health of the water body. The aquatic macrophytes and benthos were found to be the potential source for accumulation of heavy metals from water and sediments and act as biofilters for metals, accordingly they could be used in sustainable development, management and pollution assessment program in the northern deltaic lakes of Egypt especially lake burullus.

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الملخص العربي

النباتات المائية واللاصقات الحيوانية كدلائل حيوية على التلوث بالمعادن الثقيلة في بحيرة البرلس

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يهدف هذا البحث الى استخدام النباتات المائية و اللاصقات الحيوانية الموجودة في بحيرة البرلس كدلائل حيوية على تلوث المياه والرسوبيات بالمعادن الثقيلة مثل (الكاديوم ، النحاس ، الرصاص ، الزنك ، النيكل والحديد) ومدى قدرتها على امتصاص هذه العناصر من المياه وتراكمها داخل انسجتها، لذلك تم اختيار ١٥ موقع داخل بحيرة البرلس تمثل البحيرة تمثيلا جيدا وتم تعيين هذه العناصر في المياه وكذلك تم اختيار ٢ مجموعات من اللاصقات الحيوانية وهي (Arthropoda, Annelida and Mollusca) وكذلك ٥ أنواع من النباتات المائية المغنورة والطافية والبارزة السائدة في البحيرة: مثل الحامول

Potamogeton pectinatus ، *demersum*، *Ceratophyllum* ونخشوش الحوت

، عس الماء *Lemna gibba*، والحريشة *Najas armata*، وورد النيل (للجنر والمجموع الخضري) *Eichhornia crassipes* البوص (المجموع الخضري) *Phragmites australis* وتعتبر العناصر الثقيلة بها في المواقع المختلفة وتعيين معدل التراكم الحيوي لهذه العناصر داخل النباتات واللاصقات الحيوانية للوقوف على مدى قدرة اللاصقات الحيوانية والنباتات المائية على امتصاص المعادن الثقيلة من المياه والرواسب وتراكمها داخلها بدرجة عالية بها ومن ثم يمكن استخدامها كدلائل حيوية على التلوث و أيضا مرشحات حيوية للملوثات والمعادن الثقيلة الموجودة في بحيرة البرلس.

واوضحت الدراسة أن أكثر مناطق البحيرة تلوثة هي المناطق الشرقية والجنوبية شرقية ويرجع ذلك الى أن هناك ٦ مصارف زراعية وصناعية وأدمية تصب مباشرة في البحيرة من هذه الناحية على عكس النواحي الأخرى للبحيرة. وأن النباتات المائية واللاصقات الحيوانية يمكنها ان تمتص العناصر الثقيلة مثل النحاس والزنك والنيكل والحديد والرصاص والكاديوم بدرجة عالية جدا من المياه والرسوبيات وتخزنها في انسجتها مما يجعلنا نؤكد على إمكانية استخدامها كدلائل حيوية للتلوث بالعناصر الثقيلة وللتحكم الحيوي في هذه من البحيرة العناصر وازالتها من المياه والرسوبيات بطريقة آمنة وذلك عن طريق اخراج هذه النباتات واللاصقات فتخرج معها المعادن والعناصر المتركمة داخلها .

الماء في واكدت الدراسة على انه يمكن استخدام نبات الحامول ونخشوش الحوت وعس تنقية مياه البحيرة حيث ان لهم قدرة عالية على امتصاص المعادن الثقيلة من المياه. لذلك نقترح الدراسة استخدام هذه الانواع النباتية واللاصقات الحيوانية كدلائل حيوية على التلوث بالمعادن الثقيلة والتحكم الحيوي والادارة المستدامة لبحيرة البرلس.